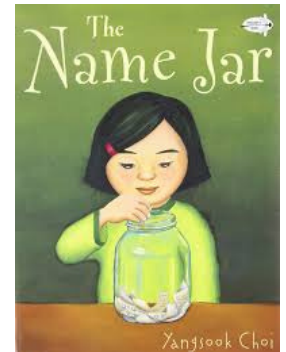


# TOP TWELVE SOCIAL-EMOTIONAL CHILDREN'S BOOKS

with aligned themes and guided questions, by the Whole n' Happy

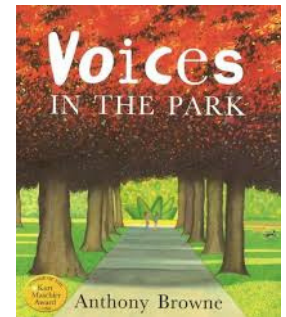
## 1. The Name Jar by Yangsook Choi

- **THEMES:** diversity, inclusion, empathy, bullying, the power of words
- **GUIDED QUESTIONS:**
  - How do you think Unhei feels at her new school?
  - Why does she think before she tells the class her name?
  - What does she focus on throughout the book? How does it affect her feelings?



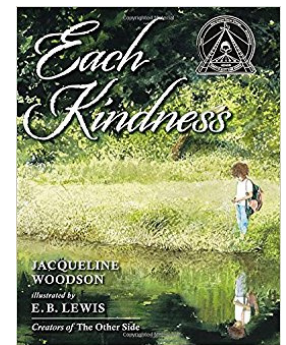
## 2. Voices in the Park by Anthony Browne

- **THEMES:** perspective-taking, empathy, mindful "seeing"
- **GUIDED QUESTIONS:**
  - How is each "voice" different in the story?
  - What is each monkey's perspective of the park? How do the illustrations show a view into their perspective?



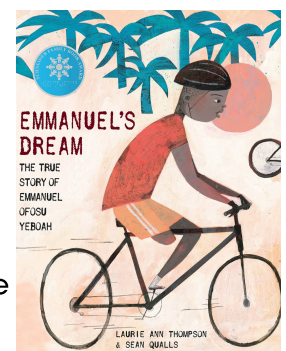
## 3. Each Kindness by Jacqueline Woodson

- **THEMES:** generosity, bullying, inclusion, empathy
- **GUIDED QUESTIONS:**
  - What are some of Emmanuel's struggles? How does he overcome his struggles?
  - Why do others think he should beg, or that he is cursed?
  - How does his big bike ride across Ghana affect others?



## 4. Emmanuel's Dream by Laurie Ann Thompson

- **THEMES:** resilience, growth mindset, inclusion, disabilities
- **GUIDED QUESTIONS:**
  - What are some of Emmanuel's struggles? How does he overcome his struggles?
  - Why do others think he should beg, or that he is cursed?
  - How does his big bike ride across Ghana affect others?

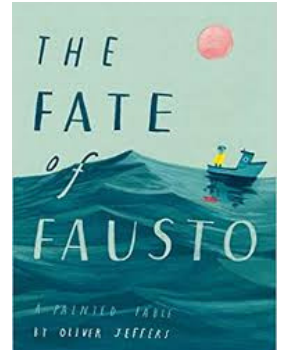


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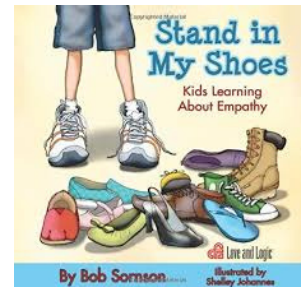
## 5. The Fate of Fausto by Oliver Jeffers

- **THEMES:** power of words, tone of voice, respect for our world
- **GUIDED QUESTIONS:**
  - What are Fausto's words and body language like? Why are his words powerful?
  - How do his words affect others?



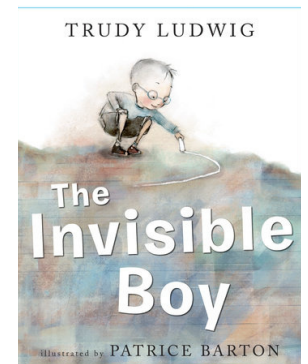
## 6. Stand in my Shoes by Bob Somson

- **THEMES:** empathy, feeling with others, perspective-taking
- **GUIDED QUESTIONS:**
  - How does Emily find out about empathy?
  - Does she have empathy in the story? Why or why not?
  - What does it mean to show empathy for others? What words show empathy? What actions show empathy?



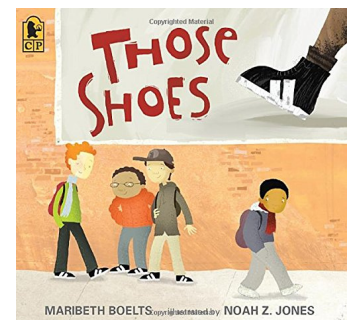
## 7. The Invisible Boy by Trudy Ludwig

- **THEMES:** feelings, inclusion, loneliness, self-worth, bullying
- **GUIDED QUESTIONS:**
  - How does Bryan feel? Why? Why is he black and white and the other kids are in color in the illustrations?
  - Why do the kids tease and exclude Justin at lunch?
  - Who has empathy for Bryan and includes him?



## 8. Those Shoes by Maribeth Boelts

- **THEMES:** gratitude, needs vs. wants, generosity
- **GUIDED QUESTIONS:**
  - What does Jeremy really *want*? Is it a want or a need?
  - Why does Jeremy want the shoes so badly?
  - Why did Jeremy give the shoes to Anthony? How do you think he felt after giving his shoes to him?

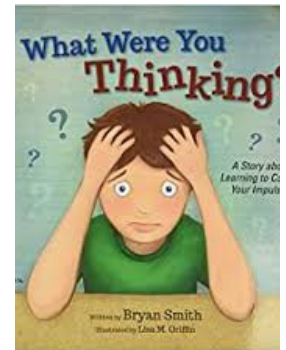


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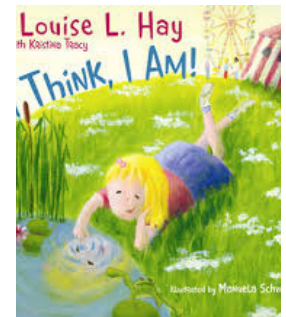
## 9. What Were You Thinking by Bryan Smith

- **THEMES:** mistakes, mindfulness, self-regulation, feelings
- **GUIDED QUESTIONS:**
  - What was Braden's problem in the book?
  - What do you think the lesson in the book is?
  - How can mindfulness help him stop and think before acting?



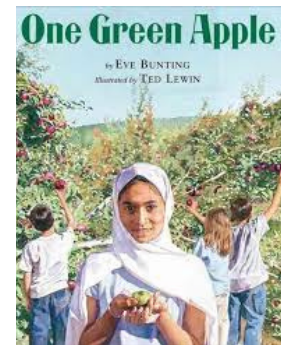
## 10. I Think, I am by Louise Hay

- **THEMES:** power of thoughts, affirmations, mindfulness, attention
- **GUIDED QUESTIONS:**
  - Why are our thoughts powerful?
  - How do our thoughts affect our feelings and actions?
  - What is an affirmation? How can it change our thoughts?



## 11. One Green Apple by Eve Bunting

- **THEMES:** perspective-taking, difference, language, empathy
- **GUIDED QUESTIONS:**
  - How do you think Farrah feels being in a new country?
  - How does she communicate with others? How does the teacher communicate with her?
  - What could you do to have empathy for her, if you were in this situation?



## 12. The Boy, The Mole, the Fox and the Horse by Charlie Mackesy

- **THEMES:** resilience, growth mindset, kindness, feelings, difference, and more!
- **GUIDED QUESTIONS:**
  - What is each character's personality like in the story?
  - What does the book say about kindness and being kind towards ourselves? Who shows kindness in the book?

